

CHRIST CHURCH COLLEGE, KANPUR

BEST PRACTICES

ACTION TAKEN REPORTS

Christ Church College, Kanpur
Gender Sensitization and Women Development Cell (GSWDC)
Mission Shakti (Phase 5.0)

A Talk by RBI Kanpur on 27th August 2025

Christ Church College, Kanpur, through its “**Gender Sensitization and Women Development Cell**” in collaboration with Mission Shakti (Phase 5.0), organized an event on 27 August 2025 at 12:00 noon in association with the Reserve Bank of India (RBI), Kanpur. The theme of the session was “**Employment Opportunities for Women Candidates in the Reserve Bank of India.**”

The programme was inaugurated by Prof. Vinay John Sebastian, Principal of Christ Church College, who welcomed the distinguished guests and participants. He underlined the objectives of Mission Shakti (Phase 5.0), emphasizing that the initiative primarily targets women students. He also raised pertinent questions concerning gender roles within households, particularly the conventional perception of men as the “head of the family,” thereby drawing attention to deep-rooted patriarchal structures.



Prof. Vibha Dikshit, Coordinator, GSWDC, elaborated on the objectives of gender sensitization and the role of the Women Development Cell in creating awareness. She explained that the Cell seeks to promote understanding of gender issues and encourage inclusive participation in academic. She emphasized that the advancement of the nation will remain incomplete so long as “half of its population continues to be deprived of their rights,” thereby underscoring the intrinsic connection between gender equity and sustainable national progress.



Prof. Meet Kamal, In-Charge, Mission Shakti, addressed the gathering on the vision and impact of Mission Shakti in advancing women’s empowerment across various disciplines. She stressed that the mission is committed to empowering women holistically in academic and social spheres.



The keynote address was delivered by Mr. Suneel Kumar Chauhan, Manager, Reserve Bank of India (RBI), Kanpur, who presented a comprehensive and insightful overview of the institution, tracing its evolution and milestones across different phases of development. He emphasized the pivotal role of the RBI in shaping India’s economic and financial architecture, particularly through its functions in monetary policy, financial stability,

regulatory frameworks, and institutional reforms. In his address, Mr. Chauhan elaborated upon the diverse career opportunities within the RBI, spanning domains such as economic and social policy, finance, management, and public administration. He underscored the multifaceted nature of these roles, which not only demand professional expertise but also contribute significantly to national development and governance. Further, he outlined the employee welfare measures and organizational incentives that enhance the work environment at the RBI. These included residential accommodation, comprehensive medical facilities, concessional loans and advances, and structured pathways for career progression. Such provisions, he noted, are designed to ensure both professional growth and personal well-being of employees. A distinctive feature of his address was the emphasis on inclusive career prospects for women candidates. Mr. Chauhan stressed the supportive institutional framework that the RBI has established to encourage women's participation, thereby fostering gender equity and diversity within the organization. His observations proved to be a source of motivation and inspiration, particularly for aspiring women professionals, by illustrating how the RBI provides not only equitable opportunities but also a nurturing and progressive professional environment.

Mrs. Jashleen Sokhal, Deputy Manager, RBI Kanpur, also addressed the gathering, speaking on career progression of women in the RBI. She cited inspiring examples of women who have attained significant positions in the institution and encouraged girl students to aspire for such opportunities.

The programme concluded with a formal Vote of Thanks delivered by Dr. Anindita Bhattacharya, who expressed gratitude to the speakers, dignitaries, faculty, and students for their active participation. The session was graced by the presence of Vice Principal Prof. Shweta, along with distinguished faculty members including Dr. Firdos Katiyar, Dr. Asheesh Omar, Dr. Rama Shankar Singh, Dr. Eric Willson, Dr. Sapna Singh, Dr. Praveen Kumar Singh, Dr. Rukmani Devi, Dr. Prashant, Dr. Nazir Hussain Khan, Dr. B K Agrawal, Dr. Sanjay Kumar Shukla from different departments. In total, 15 faculty members attended the programme. The event witnessed enthusiastic participation of 111 students across all disciplines, making it a highly interactive and enriching academic event.




Dr. Vibha Dikshit
Coordinator GSWDC

Christ Church College Kanpur
Gender Sensitization and Women Development Cell (GSWDC)
**"Two-Day Workshop on Soft Skills for Personality Development" on 10th & 11th
September 2025"**

Under the aegis of its Gender Sensitization and Women Development Cell (GSWDC), **Christ Church College** organized a two-day workshop on *"Soft Skills for Personality Development"* on 10th and 11th September 2025 at the Sarvepalli Radhakrishnan College Auditorium. The workshop aimed at equipping students with essential life skills that contribute to personal growth and professional excellence.

Day 1: Speak, Lead and Inspire – Mastering Communication Skills for Leadership and Management



The workshop commenced with a traditional lamp-lighting ceremony, symbolizing knowledge and enlightenment. The ceremony was graced by esteemed guest speaker Prof. Nita Jain, Principal Vinay J. Sebastian, Vice Principal Prof. Shweta Chand, and GSWDC Coordinator Prof. Vibha Dikshit. The Principal, in his address, emphasized the pivotal role of effective communication in shaping successful careers and nurturing confident personalities. He encouraged students to actively participate and make the most of the learning opportunity. Prof. Vibha Dikshit introduced the theme and objectives of the workshop, outlining how soft skills such as communication, leadership, and teamwork are indispensable in today's competitive world.

The keynote address by Prof. Nita Jain, Former Principal and Dean (CSJM University & Christ Church College), was both insightful and inspiring. She spoke about the power of communication in leadership and management, highlighting essential qualities such as:

- Confidence building
- Teamwork and collaboration
- Decision-making skills
- Problem-solving strategies

Through interactive activities, role-plays, and real-life examples, she engaged students in practical learning experiences that enhanced self-expression and leadership abilities.

Dr. Rukmani Devi proposed the vote of thanks, while Manishi Trivedi skillfully conducted the session. The day concluded on a high note, with enthusiastic participation from students and faculty members including Professors Sujata Chaturvedi, Jyotsana Lal, Meetkamal, S.P. Singh, Firdaus Katiyar, and Ashish Omar. The dedicated student team — Varsha, Chavi, Shristi, and Supriya — played a key role in organizing the event smoothly. The first



day proved to be highly engaging and impactful, leaving students motivated to develop their communication and leadership skills.



Day 2: Content Writing and Speed-Reading Skills

The second day, held on 11th September, focused on enhancing *content writing* and *speed-reading skills* — two essential competencies in today’s fast-paced digital era.

The session began with a warm welcome to the esteemed guest speaker Prof. Dorothy Rai, along with Principal Vinay J. Sebastian and Vice Principal Prof. Shweta Chand. The program commenced with a prayer offered by Prof. Sabina Bodra.



In his address, the Principal highlighted the growing importance of content writing in fields such as journalism, blogging, social media management, and corporate communication. He encouraged students to harness writing as a powerful tool for professional advancement. Prof. Vibha Dikshit introduced the objective of the session — to help students develop the ability to write clear, engaging, and structured content suitable for academic, creative, and professional purposes. The keynote session by Prof. Dorothy Rai, former Head of the English Department at Christ Church College, was interactive and highly practical. She conducted hands-on exercises and live demonstrations, focusing on:

- Structuring articles and blogs effectively
- Writing with clarity and impact
- Developing creative expression
- Techniques to improve reading speed and comprehension



Students actively participated and found the speed-reading exercises particularly exciting and beneficial. The vote of thanks was delivered by Manishi Trivedi, and Dr. Rukmani Devi efficiently conducted the proceedings.

Faculty members present included Professors S.P. Singh, Sabina Bodra, Sunita Verma, Firdaus Katiyar, Meetkamal, Ashish Omar, Ankita Pandey, and Sapna Singh. The student organizing team — Vitthal, Sharmishtha, Chavi, Shristi, and Supriya — contributed immensely to the smooth execution of the program.



Both days of the workshop were met with overwhelming enthusiasm and active participation from students and faculty alike. The sessions not only enhanced communication, leadership, writing, and reading skills but also boosted students' confidence and self-expression.

The two-day workshop truly reflected Christ Church College's commitment to holistic personality development and empowering students with essential life skills for future success.

Vibha

Dr. Vibha Dikshit
Coordinator, GSWDC

Christ Church College Kanpur
Gender Sensitisation and Women Development Cell (GSWDC)
Women Exclusive Financial Awareness Program
“An Introduction to the World of Investing” 29 September 2025



Christ Church College, Kanpur, through its Gender Sensitisation and Women Development Cell (GSWDC), in collaboration with NSE Academy Ltd., organized a Women Exclusive Financial Awareness Program titled “An Introduction to the World of Investing.” The session was conducted at 12:00 PM in the Chemistry Seminar Room of the college and witnessed enthusiastic participation from faculty members and students across various academic streams.

The program commenced with a formal inauguration by the Principal, Prof. Vinay J. Sebastian, who highlighted the growing importance of financial literacy as a fundamental life skill. In his address, he emphasized that in today’s rapidly evolving economic landscape, financial awareness is not merely an option but a necessity—particularly for women striving for independence and empowerment. He encouraged students to cultivate sound financial habits, understand investment opportunities, and develop competence in managing personal finances to secure their future.



The session was coordinated by Prof. Vibha Dikshit, GSWDC Coordinator, who introduced the resource person, Mr. Kavindra Dwivedi, Trainer at NSE Academy Ltd. In her remarks, she underlined the importance of organizing such initiatives under the Women Development Cell, stating that financial awareness plays a crucial role in building confidence, promoting self-reliance, and enabling informed decision-making among women.

Mr. Kavindra Dwivedi conducted an engaging and interactive presentation focusing on the fundamentals of personal finance and investment.



His session covered key areas such as:

- Basics of saving and budgeting
- Understanding different investment avenues
- Risk and return analysis
- Importance of long-term financial planning
- Smart money management strategies

Through real-life examples and practical illustrations, he simplified complex financial concepts and guided participants on how to make informed financial decisions. The interactive nature of the session encouraged participants to ask questions, share perspectives, and clarify their doubts regarding investments and financial planning.



broadened their understanding of financial independence and economic empowerment.

Faculty members from various departments, along with many students, actively attended the session. Their enthusiastic participation reflected the increasing awareness and recognition of financial education as an essential component of holistic development.



Christ Church College continues to reaffirm its commitment to fostering academic growth, personal development, and socio-economic empowerment among its students.

The program aimed at enhancing financial literacy among women and equipping them with the knowledge necessary to explore diverse investment opportunities.

Participants expressed keen interest in the topics discussed and appreciated the clarity and practical relevance of the training. Many students acknowledged that the session



acknowledged that the session broadened their understanding of financial independence and economic empowerment.

The awareness program marked a significant step toward empowering women through financial education at the grassroots level. It laid a strong foundation for future capacity-building initiatives aimed at strengthening financial inclusion and encouraging responsible financial practices among young women. Through such collaborative efforts,

Vibha

Dr. Vibha Dikshit
Coordinator, GSWDC



CHRIST CHURCH COLLEGE, KANPUR

Mission Shakti
December, 2025

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CHRIST CHURCH COLLEGE, KANPUR

Mission Shakti Report- December 2025

Christ Church College, Kanpur, through Mission Shakti (Phase 5.0), organized a series of events during the December 2025 aimed at promoting gender awareness, women's empowerment, health, safety, and career opportunities. These initiatives were designed to enhance students' knowledge, build confidence, and provide them with necessary resources for holistic development.

1. Awareness Session on Employment Opportunities for Women in the Reserve Bank of India

Date: 27 August 2025

Mission Shakti (Phase 5.0) organized a session in association with the Reserve Bank of India (RBI), Kanpur under Mission Shakti (Phase 5.0). The programme was inaugurated by Prof. Vinay John Sebastian, Principal, who welcomed the distinguished guests and participants. The keynote addresses were delivered by Mr. Suneel Kumar Chauhan, Manager RBI, and Mrs. Jashleen Sokhal, Deputy Manager RBI. The speakers provided a comprehensive overview of career opportunities for women in RBI, highlighting diverse roles in economic policy, finance, management, and administration. They elaborated on recruitment procedures, employee welfare measures, and organizational support for career advancement. The session inspired students by showcasing successful women professionals in RBI and emphasized the importance of gender equity in professional environments. The programme concluded with a sense of motivation among students to pursue careers in the banking and financial sectors and plan their professional development strategically.

2. Awareness Talk on Women's Rights

Speaker: Murari Lal Gaur

Date: 02 September 2025

The Gender Sensitization and Women Development Cell organized an awareness session on women's rights. The talk focused on educating students about their legal rights and protections under Indian law. The speaker discussed the significance of gender equality in education,

workplace, and society, highlighting government schemes and legal remedies available for women. The session encouraged students to responsibly assert their rights and actively participate in discussions on women's empowerment and social justice.

3. My Voice My Choice – Awareness Talk on Menstrual Health

Date: 13 September 2025

In an effort to promote health awareness and break taboos, the College conducted a session titled “My Voice My Choice” focusing on menstrual health. The program provided students with information on proper menstrual hygiene practices and personal care. Biological and psychological aspects of menstruation were discussed to foster a better understanding. The session helped reduce myths and social stigma associated with menstruation and encouraged students to adopt consistent hygienic practices. As part of the initiative, free sanitary napkins were distributed to all faculty members and students to ensure accessibility and promote menstrual hygiene awareness. The discussion also empowered participants to speak confidently and openly about menstrual health.

4. Awareness Talk under Mission Shakti

Date: 23 September 2025

As part of Mission Shakti, police officers visited the College to conduct an awareness session on women's safety and protection strategies. The programme emphasized the role of law enforcement in ensuring student safety and provided guidance on emergency procedures, reporting mechanisms, and preventive measures against harassment. The session encouraged students to build trust and establish communication with authorities, thereby increasing their confidence in handling unsafe situations effectively.

5. Awareness Program under Mission Shakti Unit

Date: 29 September 2025

The College hosted a follow-up awareness program under the Mission Shakti unit. The session focused on preventive measures for personal safety, cyber security, and responsible use of digital platforms. Officers explained legal rights, complaint procedures, and support services available

for women. The programme reinforced the importance of proactive vigilance and equipped students with practical knowledge to maintain safety in both physical and virtual environments.



Coordinator

Mission Shakti



CHRIST CHURCH COLLEGE, KANPUR



Career Counselling Cell

December 2025

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CHRIST CHURCH COLLEGE, KANPUR

Career Counselling Cell

Report December 2025

The Career Counseling Cell of Christ Church College, Kanpur remained actively engaged during December 2025 in organizing impactful initiatives aimed at strengthening students' employability, professional skills, and overall personality development through placement drives, webinars, grooming sessions, and technical training programs.

1. Webinar on “Key Skills for Placement Success”

Date: 22 August 2025

In Collaboration with: Naukri Campus

Platform: Google Meet

The session began with an insightful webinar titled “Key Skills for Placement Success” organized on 22 August 2025 in collaboration with Naukri Campus. The webinar was conducted on the Google Meet platform and featured Mr. Rishabh Shukla, a seasoned Manager and Placement Expert, as the keynote speaker. The session focused on preparing students for campus placements by guiding them on resume building, interview techniques, communication skills, and understanding corporate expectations. Mr. Shukla shared practical insights from his experience in corporate hiring and emphasized the importance of tailoring resumes according to specific job roles, mastering both verbal and non-verbal communication, and developing adaptability, teamwork, and problem-solving skills. The interactive session allowed students to raise queries related to interview anxiety, career planning, and professional profile building. The webinar proved to be highly beneficial as it provided a structured roadmap for placement readiness and significantly enhanced students' confidence.

2. Gillette Grooming Education Drive

Date: 26 August 2025

Venue: College Campus

Continuing its efforts toward holistic development, the Career Counselling Cell organized a Grooming Education Drive on 26 August 2025 on the college campus in collaboration with Gillette. The session commenced at 12:00 PM IST and was addressed by Mr. Shreyansh Saxena. The objective of the program was to create awareness among students about the importance of personal grooming, hygiene, and professional presentation. The speaker highlighted how first impressions, body language, dressing style, and personal hygiene contribute significantly to shaping an individual's personality and professional image. Students were sensitized to the idea that grooming is not merely about appearance but also about self-confidence, discipline, and leadership presence. As part of the initiative, Gillette razors were distributed free of cost to male participants to promote hygiene awareness. The program left a positive impact on students by motivating them to focus equally on academic excellence and personality enhancement.

The initiatives undertaken by the Career Counseling Cell of Christ Church College, Kanpur reflect a committed and strategic approach toward enhancing students' employability and overall professional development. Through well-structured webinars, grooming drives, and skill-oriented programs, the Cell successfully addressed both technical competencies and essential soft skills required in the contemporary job market. These activities not only strengthened students' placement readiness but also fostered confidence, professional etiquette, and industry awareness. Collectively, the efforts contributed significantly to bridging the gap between academic learning and corporate expectations, thereby preparing students to face career challenges with competence and confidence.



Coordinator,

Career Counselling Cell